

Below is a summary of PCBU's obligations regarding the management of First Aid emergencies in the workplace.

The *First Aid in the Workplace Code of Practice NSW 2020* provides practical advice about the selection, provision, maintenance and use of First Aid equipment, facilities, and services at a workplace. Compliance with the Code will ensure that you comply with your obligations under the *Work Health and Safety Act 2011* and *Work Health and Safety Regulation 2011*.

## FIRST AID TRAINED PERSONNEL

The *Work Health and Safety Regulation 2011 s42 (2)* states –

'A person conducting a business or undertaking at a workplace must ensure that an adequate number of workers are trained to administer first aid at the workplace; or workers have access to an adequate number of other persons who have been trained to administer first aid'.

Life International Training offer corporate and public First Aid and Perform Rescue from a Live LV Panel courses, successful participants will receive a Nationally Recognised Statement of Attainment.

## HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION – COURSE OUTLINE



- Managing an Emergency
- Infection Control
- Chain of Survival
- The Incident Reporting
- The Law & First Aid
- Basic Life Support Flowchart
- CPR Techniques
- Defibrillation
- Defibrillation Safety & Maintenance
- Variations for Pregnant, Child & Baby Casualties
- Respect & Privacy

## HLTAID0011 PROVIDE FIRST AID – COURSE OUTLINE



- What is First Aid
- First Aid Kit Contents
- Shock
- Fainting
- Head Neck & Spinal Injuries
- Seizures
- Stroke
- Allergic Reaction
- Heat & Cold Injuries
- Respiratory & Cardiac Disorders
- External & Internal Bleeding
- Burns
- Poisons, bites, & stings
- Fractures & soft tissue injuries
- Asthma
- Drowning

## UETTDRR004 PERFORM RESCUE FROM A LIVE LOW VOLTAGE PANEL – COURSE OUTLINE



- What is Low Voltage
- Electrical Work & the Law
- What is Live Work
- Identifying the Risk
- Effects of Electric Shock
- Other Possible Injuries
- First Aid for injuries
- Risks to the Rescuer
- The Rescue Kit
- Performing a rescue
- Post incident management
- Practical exercises

## WORKPLACE FIRST AID KITS

To ensure compliance with the *First Aid in the Workplace Code of Practice NSW 2020 s3.1*, employees must have timely access to a First Aid Kit and further states that 'A portable First Aid Kit should be provided in the vehicles of mobile workers if that is their workplace'.

An employee that uses, even in part, a vehicle for the performing of their job, should have a First Aid Kit in the vehicle.



**All Training listed within this Fact Sheet is certified and conducted by Life International Training (NPN 30326).**

For further information follow our link <https://lifeint.com.au/> or use the QR Code.

